## Menu

| Monday | Cheerios with milk | Vegetable soup and toas $\dagger$ <br> Split pea soup and toast <br> Chicken vegetable soup and toas $\dagger$ |
| :---: | :---: | :---: |
| Tuesday | Oatmeal | Baked sweet potatoes with chicken and vegetables <br> Mashed potatoes with chicken and vegetables |
| Wednesday | Waffles and berries <br> French toast and berries <br> Pancakes and berries | Cheese tortellini and vegetables <br> Pasta, baked fish/salmon burgers and vegetables |
| Thursday | Scrambled eggs and toast <br> Hard boiled eggs | Rice and beans, vegetables <br> Buckwheat, turkey meatballs/meatloaf and vegetables |
| Friday | Yogurt and toast | Macaroni and cheese, vegetables |

Water or milk is served with each meal. Children are also being offered water between meals.
Snack: fruit, cheese, crackers.

